



Online Live Hypnotherapy Client Agreement

Confidentiality

All information you share is kept confidential. Your therapy session will not be recorded or published on any platform.

The only exceptions will be:

* Serious Harm: If planned serious harm to the life of self or another person is disclosed, I have a duty to pass this on to the appropriate authority (GP, Police, Ambulance service etc.) in order to do all that is possible to see the person protected.

* Offences under the Prevention of Terrorism Act 1987: If information is given on any planned act of terrorism, I am by law, obliged to report this to the Police.

Your case may be discussed during Supervision sessions with another therapist – your name would not be mentioned.

Payments & Bookings

30 min Consultation	-	Free of charge
1 session	-	£79 Payment in full at time of booking
3 session package	-	£210 50% payable at time of booking 50% balance payable at first session
6 session package	-	£390 50% payable at time of booking 50% balance payable at first session



Payment can be made by Bank Transfer or PayPal.

In order to secure your appointment, full payment is requested at the time of booking. Up until the time payment is received your appointment may be offered to someone else.

Therefore, sessions are not confirmed until payment has been received.

Appointment Preparation

We suggest that you prepare yourself in a similar way you might for attending a physical therapy session. So, for online this means; allow plenty of time to ensure that your environment is appropriate and to ensure you have your device well-prepared to access the chosen platform e.g. Zoom/WhatsApp/Skype etc.

Take some time to check lighting, your camera position, audio, camera view etc. Where possible comfortably locate yourself in a quiet room where you will not be disturbed for the duration of the session. For example, this can be sitting/lying on a sofa in your lounge or lying on your bed – anywhere comfortable and safe to sleep.

You may wish to request other people in your household to refrain from using the internet during your session. This will allow you to have the best possible internet connection.

If you are running late, please let me know as soon as possible. I will do my best to make a full session available, but this often depends on appointments subsequent to your booking and so cannot be guaranteed.

Technology Failure - Protocols to follow

- Should you lose connection with the session/freeze for longer than a minute then call : 01283 684037. We will then update you with instructions.
- Please place your phone on vibrate during the session – so we can contact you quickly should we lose your image and audio.

Cancellation Policy



At least 48 hours' notice of cancellation is required via telephone, text or email. If an appointment is cancelled with less notice then the full session fee will apply.

Disclaimer

On no occasion should hypnotherapy, or the techniques used within, be seen as a substitute for professional medical advice. Hypnotherapy acts as **a complimentary therapy**, not an alternative, to professional health care and advice should always be sought from your GP or other healthcare provider.

Please advise me of any changes in prescribed medication and/or medical and/or psychological treatment before each session.

Although results can be achieved very quickly, you have to be motivated and committed to change. Hypnotherapy involves commitment on your behalf.

Hypnotherapy cannot make you do anything you don't want to do. **What I can guarantee is that I will always endeavour to help you to the best of my abilities.**

You are the only one who can guarantee your success.

I _____ have read, understood and accept the terms of the Live Online Hypnotherapy Client Agreement.

Client signature: _____ Date: _____

Therapist signature: _____ Date: _____